## Official Opening

### DAY 1  WEDNESDAY 28 OCTOBER, 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0800 hrs</td>
<td>Registration</td>
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<tr>
<td>0900 hrs</td>
<td><strong>PLENARY LECTURE I:</strong> From nutritional transition to a socio-anthropological understanding of the obesogenic environment</td>
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<td>Prof Dr. J. P. Poulain</td>
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<td><em>Taylor’s University / University Toulouse 2 Jean Jaures, Toulouse, France</em></td>
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<td>Chairperson: Ms Rokiah Don</td>
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<td><em>Director, Nutrition Division, Ministry of Health</em></td>
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<tr>
<td>0945 hrs</td>
<td><strong>OFFICIAL OPENING</strong></td>
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<tr>
<td>0950 hrs</td>
<td>Welcome Address by Emeritus Prof. Dr. Mohd Ismail Noor</td>
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<td><em>President</em> Malaysian Association for the Study of Obesity (MASO)*</td>
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<td>1000 hrs</td>
<td>Speech and Official Opening by Y.B. Datuk Seri Dr. S. Subramaniam</td>
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<td><em>Minister of Health</em> Ministry of Health Malaysia*</td>
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<tr>
<td>1030 hrs</td>
<td>Tour of Trade Exhibition/Scientific Posters by Invited Guests</td>
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**Refreshments**

**Poster session:** *Presenters in attendance for discussion*
DAY 1  WEDNESDAY 28 OCTOBER, 2015

SYMPOSIUM 1: Socio-cultural and Environment Aspects of Obesity

Chairperson : Prof. Dr. Norimah Abdul Karim
*Universiti Kebangsaan Malaysia*

1100 hrs  **Key socio-cultural drivers of obesity**
Assoc. Prof. Dr. Jane Dixon
*The Australian National University, Canberra, Australia*

1130 hrs  **Socioeconomic inequalities in overweight/obesity and abdominal obesity among Malaysian adults: The National Health Morbidity Survey (NHMS) II, III and IV**
Ms. Jeevitha Mariapun
*Julius Centre University of Malaya, Kuala Lumpur*

1150 hrs  **Association between whole-school environment mapping and body mass index of school children in Terengganu**
Dr. Sharifah Wajihah Wafa binti Syed Saadun Tarek Wafa
*Universiti Sultan Zainal Abidin, Kuala Terengganu*

1210 hrs  **Drinking habits and issue of obesity: A socio-anthropological perspective**
Dr. Elise Mognard
*Taylor’s University/University Toulouse 2 Jean Jaures, Toulouse, France*

1230 hrs  **Lunch**

1330 hrs  **Poster Viewing / Trade Exhibition**

*Poster presenters in attendance for discussion*
SYMPOSIUM 2 : Obesity Intervention I

Chairperson : Dr. Tahir bin Aris
Director, Institute of Public Health, Ministry of Health

Theme: My Body Fit and Fabulous (MyBFF)
MyBFF is an intervention programme on obesity in different settings.

1400 hrs
MyBFF @Home: Obesity intervention among housewives living in low cost flats in Klang Valley
Ms. Rashidah Ambak
Institute of Public Health, Kuala Lumpur

1430 hrs
MyBFF@School: Preliminary findings of a school-based obesity intervention program
Assoc. Prof. Dr. Halim Mokhtar
University of Malaya, Kuala Lumpur

1500 hrs
MyBFF @Work: Workplace intervention study to combat obesity among civil servants in Kota Bharu, Kelantan
Prof. Dr. Wan Abdul Manan Wan Muda
Universiti Sains Malaysia, Kota Bharu, Kelantan

SYMPOSIUM 3 : Obesity Intervention II

Chairperson : Dr. Zawiah Hashim
Council Member, MASO

1530 hrs
Calorie-labelling as an anti-obesity measure
Dr. Charoula Konstantia Nikolaou
Nanyang University and Imperial College, Singapore

1600 hrs
Healthy Lifestyle Programme for primary prevention of obesity among Malaysian adolescents living in day-school hostel
Dr. Chin Yit Siew
Universiti Putra Malaysia, Serdang, Selangor

1620 hrs
Workplace, weight and wellness: Effectiveness of MASO Camp obesity intervention in Kuching, Sarawak
Mr. Mohd Shah Kamarudin
Department of Health Sarawak, Kuching, Sarawak
1640 hrs  **Process evaluation of the H.E.B.A.T! Program: a randomized control trial intervention to combat childhood obesity in Negeri Sembilan**
Ms. Siti Sabariah Buhari  
*Universiti Teknologi MARA, Puncak Alam, Selangor*

1700 hrs  **Refreshments / Trade exhibition**
DAY 2  THURSDAY 29 OCTOBER, 2015

0845 hrs  **PLENARY LECTURE II:  
Tackling severe and medically complicated obesity**

Prof. Dr. Mike Lean  
*University of Glasgow / Glasgow Royal Infirmary, United Kingdom*

Chairperson: Emeritus Prof. Dr. Mohd Ismail Noor  
*Taylor’s University, Malaysia*

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**SYMPOSIUM 4: Prevention and Management of Obesity**

Chairperson : Assoc. Prof. Dr. Nik Shanita Safii  
*Universiti Kebangsaan Malaysia*

0930 hrs  **Early pregnancy status and the risk of developing overweight and obesity among young males and females**

Assoc. Prof. Dr. Abdullah Al Mamun  
*University of Queensland, Brisbane, Australia*

1000 hrs  **Sexually dimorphic responses of infant growth to maternal antioxidant levels during pregnancy**

Dr. Loy See Ling  
*KK Women’s and Children’s Hospital, Singapore*

1020 hrs  **Management of daily activities with the support to modern communication tool, a new way of preventive medication practice**

Mr. Masashi Okura  
*Tanita Corporation, Tokyo, Japan*

1040hrs  **Emerging therapies in obesity**

Assoc. Prof. Dr. Rohana Abdul Ghani  
*Universiti Teknologi MARA, Selangor*

1100hrs  **Refreshments / Poster Viewing / Trade exhibition**

*Poster presenters in attendance for discussion*
SYMPOSIUM 5: Genes, Obesity and Metabolic Syndrome

Chairperson: Prof. Dr. Poh Bee Koon
Universiti Kebangsaan Malaysia

1130hrs  Metabolic syndrome in Orang Asli population – a rising health concern
Prof. Dr. Zalilah Mohd Shariff
Universiti Putra Malaysia, Serdang, Selangor

1150 hrs  Gene polymorphisms and gene-lifestyle interaction on childhood obesity among Malay children in Klang Valley
Dr. Chong Pei Nee
UCSI University, Cheras, Kuala Lumpur

1210 hrs  Serum HMW adiponectin in lean and overweight/obese adults and its association with metabolic syndrome components
Ms. Norliyana Aris
Universiti Sains Malaysia, Kota Bharu, Kelantan

1230 hrs  Gene polymorphisms, environmental factors and hormones levels related to obesity in Malay children
Dr. Christinal Teh Pey Wen
SEGI University, Kota Damansara, Selangor

1250 hrs  Lunch

1330 hrs  Poster Viewing / Trade Exhibition

Poster presenters in attendance for discussion
SYMPOSIUM 6: Food, Behaviour and Obesity

Chairperson: Dr. Wan Azdie Mohd Abu Bakar
International Islamic University
Malaysia

1415 hrs
The use of healthier food ingredients for healthier processed foods to combat obesity
Dr. Neoh Soon Bin
Soon Soon Group, Prai, Pulau Pinang

1435 hrs
Effect of common vegetables extracts on lipid and glucose in 3T3-L1 adipocytes
Assoc. Prof. Dr. Muhammad Muzaffar Ali Khan Khattak
International Islamic University Malaysia, Kuantan, Pahang

1455 hrs
Fast food intake among adults in Malaysia: Finding from Malaysian Adult Nutrition Survey (MANS 2014)
Mr. Mohamad Hasnan Ahmad
Institute of Public Health, Kuala Lumpur

1515 hrs
‘I was previously obese; and I think I am still obese’
The influence of overweight and obesity history on the current body image among adolescents
Dr. Wong Jyh Eiin
Universiti Kebangsaan Malaysia, Kuala Lumpur

SYMPOSIUM 7: Free Communications

Chairperson: Ms. Zaiton Daud
Nutrition Division, Ministry of Health

1530 hrs
Correlation between brain size and obesity among 6-16 years age school children in Kuala Terengganu, Malaysia
Prof. Dr. Swamy KB
MAHSA University, Kuala Lumpur

1550 hrs
Level of stress between obese and non-obese population in Malaysia
Dr. Vincent Parnabas
Universiti Teknologi MARA, Selangor
1410 hrs  **Overweight and obesity among military personnel and its implication on sickness absenteeism**  
Mr. Azizan Omar  
*University Malaya, Kuala Lumpur*

1430 hrs  **Sex-stratified analysis of the association between obesity and cognitive function in adolescents**  
Mr. Chong Kar Hau  
*Universiti Kebangsaan Malaysia, Kuala Lumpur*

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**Prize Giving and Closing**

1650 hrs  **Best Poster Prize**

1700 hrs  **Refreshments**

**Conference Ends**