

# MASO 2009 SCIENTIFIC CONFERENCE ON OBESITY

Best Western Premier Seri Pacific Hotel, Kuala Lumpur

12 – 13 August 2009

## SCIENTIFIC PROGRAMME

### Day 1 (12 Aug 2009, Wednesday)

Time	Programme
8.00 a.m.	Registration
9.00 a.m.	Welcome by Professor Mohd Ismail Noor, President MASO
9.10 a.m.	<b>PLENARY LECTURE</b> <i>Chair: Professor Dr Fatimah Harun, Universiti Malaya</i>  <b>Treatment of child and adolescent obesity: Present and future</b> <i>Professor Dr John Reilly, University of Glasgow, U.K.</i>
10.10 a.m.	Coffee break Posters / Exhibition
10.40 a.m.	<b>SYMPOSIUM 1</b> <b>Causes and Consequences of Obesity</b> <i>Chair: Assoc. Professor Dr Nik Mazlan Mamat, International Islamic University Malaysia</i>
10.40 – 11.00	<b>Obesity and metabolic syndrome in Japan</b> <i>Dr Shuji Inuoe, Kiryu University, Japan</i>
11.00 – 11.15	<b>Relationships between obesity and abdominal muscular endurance in an middle-aged female population</b> <i>Dr Hsu CH, National Pingtung University of Science and Technology, Taiwan</i>
11.15 – 11.30	<b>Prevalence of obesity, metabolic syndrome and its components among older adults in rural areas</b> <i>Assoc Professor Dr Zaitun Yassin, Universiti Putra Malaysia</i>
11.30 – 11.45	<b>Obesity and hypoventilation syndrome: A biomechanical prospective</b> <i>Praveen Jayaprabha Surendran, INTI University College</i>
11.45 – 12.00	<b>Dietary influences on obesity in a rural population of Tamilnadu, South India</b> <i>Dr Usha Rani, Bharathiar University, India</i>
12.00 – 12.15	<b>Serum adiponectin and central adiposity in Malay adults</b> <i>Dr Hamid Jan JM, Universiti Sains Malaysia</i>
12.15 p.m.	Poster session / Exhibition
12.45 p.m.	LUNCH

2.00 p.m.	<b>SYMPOSIUM 2</b> <b>Epidemiology of Obesity</b> <i>Chair: Assoc. Professor Dr Zaitun Yassin, Universiti Putra Malaysia</i>
2.00 – 2.20	<b>Prevalence and trends of overweight and obesity in two cross-sectional studies of Malaysian children in years 2001 and 2008</b> <i>Professor Dr Mohd Ismail Noor, Universiti Kebangsaan Malaysia</i>
2.20 – 2.35	<b>Prevalence of overweight and obesity and their correlates - A cross sectional study among medical students of India</b> <i>Dr M Athar Ansari, Aligarh Muslim University, India</i>
2.35 – 2.50	<b>Cultural and social perception of obesity in Southeast Asia: A preliminary survey among overweight adults in Indonesia, the Philippines, and Thailand</b> <i>Professor Dr Wan Abdul Manan Wan Muda, Universiti Sains Malaysia</i>
2.50 – 3.05	<b>Obesity and metabolic syndrome of a wellness cohort in Kuala Lumpur</b> <i>Dr Moy Foong Ming, Universiti Malaya</i>
3.05 – 3.20	<b>Physical activity and sedentary behaviours among Malaysian schoolchildren</b> <i>Assoc. Professor Dr Poh Bee Koon, Universiti Kebangsaan Malaysia</i>
3.30 p.m.	<b>SYMPOSIUM 3</b> <b>Childhood Obesity</b> <i>Chair: Dr Zawiah Hashim, MASO Council Member</i>
3.30 – 4.00	<b>Why we must prevent childhood obesity in Malaysia</b> <i>Professor Dr Fatimah Harun, Universiti Malaya</i>
4.00 – 4.15	<b>Association of sugar intake and sweetened beverage consumption with body mass index among primary school children in Klang Valley</b> <i>Assoc Professor Dr Norimah A Karim, Universiti Kebangsaan Malaysia</i>
4.15 – 4.30	<b>Diet and physical activity profile of the obese children attending the obesity clinic of Yangon Children Hospital</b> <i>Dr Phyu Phyu Aung, Universiti Malaysia Sarawak</i>
4.30 – 4.45	<b>A case study on snacking frequency amongst obese male teenagers at regular national school in Shah Alam, Selangor</b> <i>Assoc Professor Dr Raja Saidatul Hisan Raja Azam, Universiti Teknologi MARA</i>
4.45 – 5.00	<b>A randomised controlled trial of childhood obesity treatment in Malaysia (MASCOT) – Preliminary results</b> <i>Sharifah Wajihah Wafa SST Wafa, Universiti Kebangsaan Malaysia</i>
5.00 – 5.15	Poster session / Exhibition
5.15 p.m.	Tea break
8.00 p.m.	<b>Conference Dinner Lecture</b> <b>The importance of weight management in preventing and managing diabetes</b> <i>Chair: TBC</i> <i>Professor Phillip James, President IASO, U.K.</i>

## Day 2 (13 Aug 2009, Thursday)

Time	Programme
9.00 a.m.	Welcome address by Professor Dr Mohd Ismail Noor, President MASO
9.10 a.m.	Official opening by YB Dato' Sri Liow Tiong Lai, Hon. Minister of Health Malaysia
9.40 a.m.	Tour of Exhibition / Posters by Guest of Honour Coffee break
10.30 a.m.	<b>KEYNOTE ADDRESS</b> <i>Chair: Professor Dr Mohd Ismail Noor, President, MASO</i>  <b>Obesity and its major societal implications</b> <i>Professor Dr Phillip James, President IASO, U.K.</i>
11.30 a.m.	<b>SYMPOSIUM 4</b> <b>Behavioural Aspects of Obesity</b> <i>Chair: Ms Rokiah Don, Ministry of Health, Malaysia</i>
11.30 – 11.50	<b>Self-esteem, life satisfaction and weight measures in the Malaysian urban community</b> <i>Dr Ng Lai Oon, Universiti Kebangsaan Malaysia</i>
11.50 – 12.05	<b>The differences in attitudes toward and beliefs about obese persons among Malaysian Chinese and Malaysian Indian</b> <i>Dr Priyadarshini Moharkonda Srinivasan, Sunway University College</i>
12.05 – 12.20	<b>Dietary, exercise and mental attitude patterns in subjects' 6-months into a weight management program</b> <i>Dr Priya M Miranda, Madras Diabetes Research Foundation, India</i>
12.20 – 12.35	<b>Relationship between weight and mental health</b> <i>Cheong Sau Kuan, Sunway University College</i>
12.35 – 12.50	<b>Transtheoretical Model of Change and weight control among Sarawak natives</b> <i>Chang Ching Thon, Universiti Malaysia Sarawak</i>
12.50 p.m.	Poster session / Exhibition
1.00 p.m.	LUNCH
2.00 p.m.	<b>SYMPOSIUM 5</b> <b>Management and Treatment of Obesity</b> <i>Chair: Professor Fatimah Arshad, International Medical University, Malaysia</i>
2.00 – 2.20	<b>Can food solutions win the war against obesity</b> <i>Dr Peifang Zhang, Nestlé R&amp;D Centre Beijing, China</i>
2.20 – 2.35	<b>A successful dieting through avoiding high-fat diets and performing light-resistance exercise to prevent metabolic syndromes and sarcopenia</b> <i>Professor Masashige Suzuki, Waseda University, Japan</i>

2.35 – 2.50	<b>Paediatric obesity: Outpatient management in a district general hospital</b> <i>Dr Chinyelu Menakaya, Fairfield General Hospital, UK</i>
2.50 – 3.05	<b>Promoting weight loss among obese participants through a community-based behavioural intervention program in Kelantan</b> <i>Wan Suriati Wan Nik, Universiti Sains Malaysia</i>
3.05 – 3.20	<b>Balance in obesity – Rehabilitation perspective</b> <i>Rajkumar KV, Kuala Lumpur Metropolitan University College</i>
3.30 p.m.	<b>SYMPOSIUM 6</b> <b>Emerging issues &amp; technologies related to Obesity</b> <i>Chair: Assoc. Professor Datin Dr Safiah Mohd Yusof, Universiti Teknologi MARA, Malaysia</i>
3.30 – 4.00	<b>Feeding regulation and energy metabolism in brain – Novel GPCR ligands</b> <i>Professor Dr Shioda Seiji, Showa University School Medicine, Japan</i>
4.00 – 4.15	<b>BMI, a better predictor of hypertension among a tribe of Sikkim, India: Evidence of gene-lifestyle interaction</b> <i>Dr Sovanjan Sarkar, Vivekananda College for Women, India</i>
4.15 – 4.30	<b>Obesity screening for young Japanese males and females using skin fold measurements: The classification revisited</b> <i>Dr Masaharu Kagawa, Queensland University of Technology, Australia</i>
4.30 – 4.45	<b>A framework of web-mobile intelligence monitoring system in the management of obesity for Malaysian community</b> <i>Dr Nasriah Zakaria, Universiti Sains Malaysia</i>
4.45 – 5.00	<b>Body mass index, waist hip ratios and novel phenotypic markers: A triad for detecting diabetes in a population of Tamilnadu, South India</b> <i>Shajithanoop Selvakumar, Bharathiar University, India</i>
5.00 p.m.	Poster Prize Presentation Closing Ceremony
5.20 p.m.	Tea break
5.30 p.m.	End of Conference